



Travel insurance policy

Individual insurance policy no. AVS-19
Type of product: travel insurance



IMPORTANT NOTICE CAREFULLY READ THE FOLLOWING BEFORE TRAVELLING

You have purchased *travel insurance*—what's next? We want you to understand (and it is in your best interest to know) what your policy includes, what it excludes and what is limited (payable but with limits). **Please take time to read through your policy before you travel.**

Italicized terms are defined at the end of your policy.

- > *Travel insurance* covers claims arising from sudden and unexpected situations (i.e., *accidents* or *emergency situations*) and typically does not cover follow-ups or recurrent care.
- > To qualify for this insurance, you must meet all the eligibility criteria and medical requirements outlined in section A, article 4.
- > This insurance contains limitations and exclusions (for example, *medical conditions* that are unstable, pregnancy, a child born during a *trip*, excessive use of alcohol, high-risk activities, etc.). You will find all of them listed in the following places in the policy: section A, article 4.3, and section B, articles 1.4, 2.4, 3.3 and 4.3.
- > This insurance may not cover claims related to **pre-existing medical conditions**, whether disclosed or not at the time of policy purchase.
- > **You must contact the assistance provider before seeking treatment and incurring fees, or your claim may be limited or denied.**
- > In the event of a claim, your prior medical history may be reviewed.
- > If you have been asked to complete a medical questionnaire and any of your answers are not accurate or complete, your insurance could be voided, and your claim denied.

**IT IS YOUR RESPONSIBILITY TO UNDERSTAND YOUR COVERAGE. IF YOU HAVE QUESTIONS,
CONTACT US AT 1-877-871-7500 OR VISIT OUR WEBSITE nbc-insurance.ca.**



Insurer

National Bank Life Insurance Company
1100 Robert-Bourassa Blvd., 5th floor
Montreal, Quebec H3B 2G7

Telephone
1-877-871-7500 | 514-871-7500
Fax: 514-394-6992
nbc-insurance.ca

Assistance provider

CanAssistance inc.
550 Sherbrooke Street West
Montreal, Quebec H3A 3S3

Telephone
Canada and the US: 1-844-783-7603
Elsewhere in the world (call collect): 514-394-0075

**IN CASE OF EMERGENCY, CONTACT
THE ASSISTANCE PROVIDER.**

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Some rules of interpretation to facilitate your reading

- > "We" designates the *insurer*, National Bank Life Insurance Company.
- > "You" designates any *insured person* covered by this insurance policy. When we specifically address the *policyholder*, it will be indicated.
- > "Province" includes territories.
- > Words in one gender include all genders and words in singular include the plural and vice versa.
- > The words in *italics* have a special meaning. You will find their definitions in section D of this policy.

SECTION A

General information about your travel insurance

1. We offer 2 coverage options

Whether you're taking a *trip* for 3 days or 3 months, you can leave with peace of mind, thanks to the coverage you have chosen.

OPTION 1 – <i>Emergency medical care</i>		OPTION 2 – <i>All-inclusive</i>	
<i>Emergency medical care outside of your province of residence</i>	In the event of a medical <i>emergency</i> during a <i>trip</i>	<i>Emergency medical care outside of your province of residence</i>	In the event of a medical <i>emergency</i> during a <i>trip</i>
		<i>Trip cancellation or interruption</i>	In the event of a <i>trip</i> cancellation or interruption and in the event of a delayed departing flight
		<i>Baggage coverage</i>	In the event of delayed, lost, damaged or stolen baggage during a <i>trip</i>
		<i>Accidental death and dismemberment</i>	In case of death or <i>loss of a limb</i> , or <i>loss of use of limbs</i> , resulting from an <i>accident</i> occurring during a <i>trip</i>

OR

2. You can choose to cover a single *trip* or choose an annual coverage plan

Coverage for a single *trip* provides coverage for the duration of a single *trip*, based on the *dates of departure* and *return*.

The annual coverage plan covers all of your *trips* carried out during the period indicated on the *Coverage Summary*. The duration of each *trip* must respect the maximum duration indicated on the *Coverage Summary*.

For example, if the maximum duration indicated on the *Coverage Summary* is 5 days, all of your *trips* that are 5 days or less and carried out during the period indicated on the *Coverage Summary* will be covered.



WHAT YOU SHOULD KNOW concerning the annual coverage plan

To be covered during all of your *trips* included in the period indicated on the *Coverage Summary*, you must meet all the eligibility criteria and medical requirements outlined in section A, article 4, for each of your *trips*.

Additionally, if your health condition changes between two *trips*, the exclusion for pre-existing *medical conditions* may apply to your situation, even if it did not apply during your previous *trip*.

3. Your *trip* is covered and the coverages that appear on the *Coverage Summary* are in effect under certain conditions

SINGLE TRIP	ANNUAL COVERAGE PLAN
<ul style="list-style-type: none"> > You must purchase the insurance and pay the entire premium before the <i>date of departure</i>. > The departure and return of your <i>trip</i> must be carried out in your province of residence. 	
<ul style="list-style-type: none"> > The <i>date of departure</i> and the <i>date of return</i> of your <i>trip</i> must be identical to the dates indicated on the <i>Coverage Summary</i>. > You must meet all the eligibility criteria and medical requirements outlined in article 4 of section A. 	<ul style="list-style-type: none"> > The planned duration of the <i>trip</i> must be less than or equal to the maximum <i>trip</i> duration indicated on the <i>Coverage Summary</i>. > You must meet all the eligibility criteria and medical requirements outlined in article 4 of section A <u>for each <i>trip</i></u>. > The complete duration of the <i>trip</i> must be included in the period indicated on the <i>Coverage Summary</i>. If the <i>date of return</i> is after the <i>date of termination</i>, the annual coverage plan must have been renewed before the <i>date of departure</i> of the <i>trip</i>.

4. You must meet the eligibility criteria and medical requirements to sign up for insurance

4.1 Eligibility

- > Be aged 31 days to 84 years old on the *date of departure* of the *trip*;
- > Be domiciled in Canada; and
- > Be covered by the public health and hospitalization insurance plan for services provided in your province of residence at all times during your *trip*.



WHAT YOU SHOULD KNOW concerning a child born during a *trip*

A child born to an *insured person* during a *trip* is covered only if the birth takes place during the first 32 weeks of pregnancy.

4.2 Medical requirements

You cannot be insured if:

- > a *physician* advised you not to travel before your departure;
- > you have received a diagnosis of a *medical condition* in terminal phase;
- > you suffer from kidney problems requiring dialysis;
- > you have had a cancer with metastases;
- > you have received a transplant or you are waiting to receive a transplant, other than a cornea transplant; or
- > you have received a prescription or used oxygen at home in the 12 months preceding the purchase of the insurance.



4.3 CAUTION – Coverage exclusions, limitations and reductions

a) Misrepresentation of your health condition and medical information

This insurance is established based on information provided on or in line with the insurance application (including responses to the medical questionnaire, if applicable). When you fill out the insurance application and answer the medical questions, your answers must be complete and accurate.

In the event of a claim, we will review your medical history and the answers you provided on the medical questionnaire, if applicable. If one of your answers is incomplete or inaccurate:

- > your insurance could be cancelled;
- > your claim could be denied.

b) Misrepresentation of important facts other than your health condition or medical information

We will not pay the claim if you, or anyone acting on your behalf, attempts to deceive us or make a fraudulent, false or exaggerated statement or claim.

c) Non-compliance with the requirement to be covered by a public health and hospitalization insurance plan

We will not pay any benefit if you are not covered by the public health and hospitalization insurance plan in your province of residence **for the total duration of the *trip***. It is your responsibility to ensure that you have this coverage.

If your public health and hospitalization insurance plan ends, your insurance will end and we will refuse any claim, if applicable.

To know the exclusions specific to each coverage, consult articles 1.4, 2.4, 3.3 and 4.3 of section B.

5. The *policyholder* may extend the insurance in case of *emergency*

Coverage may be extended, if necessary, up to 72 hours after discharge from the *hospital* if:

- > you are hospitalized during a covered *trip* and you must delay your return.



WHAT YOU SHOULD KNOW concerning coverage extension

- > The *policyholder* must contact the *assistance provider* at 1-844-783-7603 or 514-394-0078 (call collect) when an extension of coverage for a *trip* is required.
- > Any event that leads to an extension of coverage must be supported by any proof that the *insurer* deems necessary and sufficient.

Your coverage is automatically extended, if necessary, up to 72 hours following the *date of termination* if:

- > the *carrier* postpones your return *trip* or a traffic *accident* or breakdown delays the private on-road vehicle bringing you back to your province of residence.
- > you must postpone your return *trip* due to an *accident* or *medical condition* that you or a *travel companion* have experienced. The *medical condition* or *accident* but have occurred within the 24 hours preceding the *date of return*.

6. The insurance beneficiary is generally the *policyholder*

For all coverages, the benefit is to the *policyholder* whose name appears on the *Coverage Summary*, or his estate. However, we reserve the right to directly compensate service providers or any other *insured person* or any other entity that has suffered a loss related to the coverage in effect.

7. Insurance duration varies according to coverage

Beginning of coverage

When the insurance is in effect and the *trip* is covered, the coverage you subscribed to begins on the following dates:

COVERAGE	BEGINS
Emergency medical care outside the province of residence	The moment you leave your province of residence.
Accidental death and dismemberment	
<i>Trip</i> cancellation and interruption	The later of the following dates: <ul style="list-style-type: none"> > the purchase date of <i>trip</i>; or > the effective date indicated on the <i>Coverage Summary</i>.
Baggage	The moment you leave your residence.

End of coverage

Your coverage ends on the first of the following events:

SINGLE TRIP AND ANNUAL COVERAGE PLAN (including the extension of coverage)

- > The moment you return to your province of residence.
- > The moment your *trip* is cancelled before the *departure date*.
- > At 11:59 p.m. (according to your time zone) on the *date of return* or on the *date of termination* (annual coverage plan), unless you benefit from automatic coverage extension, outlined in article 5 of section A.
- > The moment you no longer meet the eligibility criteria and medical requirements outlined in article 4 of section A.
- > The moment you cancel your insurance.

8. You can cancel your insurance and, in certain situations, receive a premium refund

You could receive a full or partial refund if you cancel your insurance within the following deadlines:

In the 10 days following the purchase of insurance (for a single *trip* or an annual coverage plan) and before the *date of departure*

RIGHT OF INSPECTION

You have 10 days to read your policy and deem if this insurance meets your needs entirely.

We will refund the total premium if you decide to cancel your insurance within these 10 days and:

- > the cancellation precedes your *date of departure*; and
- > you have not submitted any claim.

More than 10 days following the purchase of insurance (for a single *trip* only) and before the *date of departure*

If the cancellation precedes your *date of departure* and you have not submitted any claim, we will refund your coverage premium, other than the premium for *Trip* cancellation or interruption.

After the *date of departure* (for a single *trip* only)

You may end your insurance if all *insured persons* return to their departure point before the planned *date of return*. We will then refund the coverage premium, other than the premium for *Trip* cancellation and interruption, for the unused insurance period, unless you have submitted a claim for your *trip* and it was accepted.



WHAT YOU SHOULD KNOW concerning premium refunds

- > The unused insurance period will be calculated from the date we receive your request via telephone or the date of the postmark.
- > Administrative fees may apply.

Contact us at **1-877-871-7500** or **514-871-7500** for any questions regarding your insurance or to make changes to your coverage.

9. 3 steps to follow to submit a claim and the deadlines in which to do so

STEP 1 Contact the <i>assistance provider</i>	<p>As soon as one of the events covered by <i>travel insurance</i> occurs, contact the <i>assistance provider</i> at 1-844-783-7603 or 514-394-0075 (collect calls accepted) to confirm your coverage before incurring costs.</p> <ul style="list-style-type: none"> > In case of <i>trip</i> cancellation before your departure, you must also notify the travel agency or <i>travel provider</i> within 48 hours. > If you are a victim of theft, burglary or vandalism, you must also notify the police as soon as you become aware of said incident. <p>If, from a medical perspective, it is impossible for you to call the <i>assistance provider</i> before receiving a <i>treatment</i>, please ask someone to do so for you, or call as soon as possible.</p> <p>If you do not call the <i>assistance provider</i> before receiving a <i>treatment</i>, you will be responsible for the total medical costs normally covered by this insurance.</p>
STEP 2 Fill out the form	<p>The <i>assistance provider</i> will send you a claim form. You must fill out the form and return it as soon as possible, ideally within 90 days of the event to which the claim relates.</p>
STEP 3 Provide requested documents	<p>The <i>assistance provider</i> may request supporting documents in order to complete the claim assessment, such as:</p> <ul style="list-style-type: none"> > certificate from the attending <i>physician</i> > police or coroner report > confirmation of the event by the <i>carrier</i> > proof of the scheduled length of the <i>trip</i> > original travel tickets, invoices, account statements, receipts > proof of the value of damaged, lost or stolen items > receipts for purchase or rental of basic necessities or sports equipment > any other proof deemed necessary <p>The <i>assistance provider</i> may ask you to submit medical examinations (or request an autopsy in the event of a death), at their cost, before accepting a claim.</p>
Return the requested documents within the indicated deadlines:	
<i>Trip</i> cancellation and interruption	<ul style="list-style-type: none"> > As soon as is reasonably possible, ideally within 90 days of the event to which the claim relates.
Baggage coverage	<ul style="list-style-type: none"> > We may deny your claim if you do not return the documents within the deadlines indicated and is thereby prejudiced.
<i>Emergency</i> medical care outside the province of residence	<p>Maximum 1 year after the event to which the claim relates.</p>
Death and accidental dismemberment	<p>As soon as is reasonably possible.</p>



WHAT YOU SHOULD KNOW concerning response times

- > When we accept the claim, we pay the benefit **within 60 days of receiving all the requested documents**.
- > When we deny the claim, we notify the *insured person* within 60 days of receiving all the requested documents.

10. We adjust the amounts we pay if you receive benefits from another source (coordination of benefits)

We will adjust the benefit we pay you if you receive amounts from other entities, such as:

- > the *carrier*
- > the accommodation establishment
- > travel agency
- > compensation funds (such as the Consumers' Protection Bureau)
- > public health and hospitalization insurance plans
- > any other government program

For example:

Your *trip*, which cost you \$1,800, is cancelled by the *carrier* before the *date of departure*. They offer \$1,000 to each customer affected by the situation.

Since you have already received \$1,000 from the *carrier*, we will pay you a benefit of \$800.

SECTION B

Coverage details

1. Emergency medical care outside your province of residence

1.1 Conditions to meet in order to be covered during a *trip*

- > You must meet all the eligibility criteria and medical requirements outlined in section A, article 4 on the *date of departure*.
- > The *trip* must be covered, as explained in section A, article 3.

Coverage applies only when you are outside your province of residence. Costs incurred when you are back in your province of residence are not covered.

1.2 Maximum benefits payable

The maximum benefit payable is \$5,000,000 per *insured person*, per *trip*.

1.3 Covered expenses

Medical, paramedical and *hospitalization* expenses

We cover customary, reasonable and essential expenses in the region visited for *emergency treatment* of a *medical condition* occurring during a *trip*.

We will refund the expenses indicated in the following table only if they are first approved by the assistance provider.

Type of expenses	What is covered
<i>Hospitalization</i> expenses	<i>Hospital</i> expenses for a private or semi-private room and any <i>treatment</i> received during a <i>hospitalization</i> .
Incidental expenses	<ul style="list-style-type: none"> > Other expenses related to a <i>hospitalization</i>, such as telephone, television or parking fees. > Maximum: \$50 per day of <i>hospitalization</i>.
Healthcare professional fees	<ul style="list-style-type: none"> > Fees charged by a <i>physician</i> or by a licensed nurse, if these services are prescribed by a <i>physician</i>. > Professional services of a physiotherapist, chiropractor, osteopath or podiatrist, if these services are prescribed by a <i>physician</i>. Maximum: \$300 per discipline. > The professional must not be related to the <i>insured person</i> in order to cover his fees.

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Type of expenses	What is covered
Dental care	<ul style="list-style-type: none"> > Expenses for a dentist to perform an <i>emergency</i> dental treatment on natural and healthy teeth. > Maximum: \$500 per <i>trip</i>, except in the event of an accidental blow to the mouth; the maximum coverage for an accidental blow to the mouth is \$2,000. <div style="border: 1px solid #ccc; padding: 10px; margin: 10px 0;"> <ul style="list-style-type: none"> > An accidental blow to the mouth is an accidental blow that causes a fracture or dislocation of the jaw or damage to one or more natural and healthy teeth. > Coverage for an accidental blow to the mouth does not include voluntary introduction of objects into the mouth, chewing accidents or damage to artificial, unhealthy or previously treated teeth. > You must submit X-rays taken before and after the accident. </div> <ul style="list-style-type: none"> > When treatment for an accidental blow to the mouth occurs following a return from a <i>trip</i>, expenses are covered for up to 6 months after the date of the accident.
Medical equipment	<ul style="list-style-type: none"> > Expenses for the purchase or rental of crutches, canes or splints. > Rental expenses for other medical equipment or devices, such as a wheelchair or orthotic. > The use of such medical equipment or devices must be prescribed by a <i>physician</i>.
Diagnostic fees	Fees for laboratory, X-ray or other diagnostic tests ordered by a <i>physician</i> .
Prescription medication	Medication prescribed by a <i>physician</i> to treat a <i>medical condition</i> that is not included in the list of excluded products. For more details, see article 1.4 d) in section B.

Transportation and subsistence expenses

We refund transportation and subsistence expenses planned and approved by the *assistance provider* during the *trip*.

Type of expenses	What is covered
Medical transportation expenses	<ul style="list-style-type: none"> > Expenses to transport you to the closest suitable medical facility or, if necessary, the transfer from one medical facility to another. Transportation may be carried out via road, sea or air.
Repatriation expenses	<ul style="list-style-type: none"> > Expenses to return you to your province of residence following an <i>emergency</i> to receive <i>treatments</i>. > Return expenses for <i>family members</i> are covered if the <i>medical condition</i> you are suffering from inhibits their planned return. > Repatriation must be approved by the <i>assistance provider</i>. > Medical attendant expenses are included if they are approved by the <i>assistance provider</i>. > If you are travelling with children under your care and you are hospitalized for more than 24 hours, childcare expenses or repatriation of children are covered. > Child attendant expenses are included if they are approved by the <i>assistance provider</i>.

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Type of expenses	What is covered
Transportation to the bedside of the <i>insured person</i>	<ul style="list-style-type: none"> > Some expenses incurred by a member of your family or a friend to travel to your bedside are covered if: <ul style="list-style-type: none"> – you remain hospitalized for at least 7 consecutive days; and – the <i>physician</i> confirms in writing that the visit is necessary. > The expenses covered are: <ul style="list-style-type: none"> – round trip travel (economy class); – accommodations, meals and childcare, up to \$300 per day for a maximum of 10 days; – <i>travel insurance</i>. > In the event of death, these expenses are also covered if a <i>family member</i> or a friend must travel to identify the body of the <i>insured person</i>.
Return of vehicle	<ul style="list-style-type: none"> > Expenses to return your personal vehicle to your residence, or to return a rental vehicle to the nearest rental agency, if you are incapable of driving due to a <i>medical condition</i> occurring during the <i>trip</i>. > Maximum of \$5,000. > The <i>physician</i> must submit a written attestation to confirm your inability to drive.
Return of baggage	<ul style="list-style-type: none"> > Expenses to return your baggage to your residence in the event of an <i>emergency</i> repatriation to receive medical care. > Maximum of \$500. > The <i>assistance provider</i> must approve your repatriation beforehand.
Return of an animal	<ul style="list-style-type: none"> > Expenses to return your pet to your residence in the event of an <i>emergency</i> repatriation to receive medical care. > Maximum of \$500. > The <i>assistance provider</i> must approve the repatriation beforehand.
Return of deceased	<ul style="list-style-type: none"> > In the event of your death during a <i>trip</i>, one of the following expenses: <ul style="list-style-type: none"> – preparation and transportation of your body to your province of residence; or – cremation or burial in the place of death. > Maximum of \$10,000. > The cost of a casket, urn or headstone is not covered.
Subsistence expenses	<ul style="list-style-type: none"> > Expenses for accommodations and meals if you must postpone your <i>date of return</i> because you or a <i>travel companion</i> suffered a <i>medical condition</i>. > Maximum of \$300 per day, \$3,000 total per person.



1.4 CAUTION – Coverage exclusions, limitations and reductions

a) Pre-existing conditions

We do not pay any benefits for a pre-existing *medical condition* (other than a *minor ailment*) that has not been stable within 3 months (6 months if you are 55 to 64 years old or 12 months if you are 65 years or older) before the *date of departure*.

A *medical condition* is considered stable when all of the following statements are true:

1. No new *treatment* has been prescribed or recommended, or the current *treatment* has not been modified or interrupted;
2. No changes have been made to a prescribed medication (increase or decrease in dosage, or stopping the medication), or no other medication has been prescribed or recommended;
3. The *medical condition* has not worsened;
4. No new symptoms have appeared, or there is no worsening or increase in the frequency of existing symptoms;
5. There has been no *hospitalization* or recommendation to consult a specialist;
6. There is no exam, medical test for investigative purposes or *treatment* that has been recommended, is incomplete or is awaiting results;
7. There are no scheduled or pending *treatments*.

b) Circumstances under which no benefit is payable

We do not pay any benefits if the *medical condition* is directly or indirectly related to one of the following causes:

1. Any symptom or condition:
 - > you have ignored, even though it would have been reasonable to consult a *physician*
 - > for which you did not get a diagnostic exam ordered by your *physician*
 - > for which you have not taken the medication or followed the *treatment* recommended before or during the *trip*
 - > for which it was reasonable to expect, on the *date of departure*, to require medical care during the *trip*.
2. Pregnancy, childbirth or resulting complications, occurring after the first 32 weeks of pregnancy.
3. Participation in an athletic or high-risk activity:
 - > any athletic activity for which you are compensated
 - > any sporting event for which the winners receive cash prizes.
4. Any extreme sport or high-risk activity including, but not limited to:
 - > hang-gliding and paragliding
 - > parachuting and skydiving
 - > bungee jumping
 - > rock climbing or mountain climbing (grade 4 or 5 on the YDS)
 - > freestyle skiing
 - > kitesurfing
 - > scuba diving activity outside the limits of your certification or below 30 metres
 - > any combat sport
 - > any speeding competition or event, including training
 - > any risky activity requiring the use of a motorized vehicle on land, in the water or in the air, including training taking place on approved circuits or elsewhere
 - > any sport or activity for which you have to sign a liability waiver. This clause does not apply to sports or activities that are normally offered to the general public without training or specialized qualifications.
5. Any risky behaviour including, but not limited to:
 - > non-compliance with safety instructions, warning signs
 - > finding yourself or being in prohibited areas.
6. Abuse (i.e., consuming more than the recommended amount) of prescription or over-the-counter medication, or alcohol abuse (blood alcohol level greater than 80 milligrams per 100 millilitres of blood).
7. Use of drugs or non-prescription medication or any form of addiction or alcoholism, including the effects of withdrawal.

8. Participation in a criminal act or an attempted criminal act (in the country where the expenses were incurred).
9. The primary or secondary purpose of the trip is for a medical consultation or to receive medical *treatments* or assisted reproduction *treatments*, even if recommended by a *physician*.
10. Travelling to a place for which the government of Canada has issued, before your *date of departure*, a travel advisory to avoid any non-essential *trip* there. If the government of Canada issues an advisory during your stay at the location affected by this notice, you must make the necessary arrangements to comply with this recommendation as soon as possible. For travel warnings, visit the Government of Canada's travel website.
11. Suicide, attempted suicide or self-inflicted injury, regardless of your mental state at the time.
12. Any mental, psychological, psychiatric or nervous problems, unless you have been hospitalized for this condition.
13. One of the following circumstances:
 - > war, declared or undeclared
 - > voluntary participation in a riot or insurrection
 - > a rebellion
 - > a revolution
 - > a hijacking
 - > a kidnapping
 - > an *act of terrorism*
 - > exposure to nuclear reaction or radiation
 - > radioactive, biological or chemical contamination
 - > any participation in the armed forces.

c) Care not covered

We do not pay any benefits for the following types of care or any expenses directly or indirectly related to these types of care or associated complications:

1. any care for a child born during a *trip* after 32 weeks of pregnancy
2. any care given when you are back in your province of residence, except expenses for the *treatment* of a blow to the mouth
3. any care or treatment that is not insured by your public health and hospitalization insurance plan

4. any non-*emergency*, experimental or elective treatment (e.g., plastic surgery, chronic care, rehabilitation, including costs arising from direct or indirect complications).

d) Medications or products not covered

We do not pay any benefits for medications prescribed before the *trip* departure or for medications or products available over the counter, even if prescribed.

e) Treatment without prior approval from the assistance provider

We do not pay any benefits if you undergo medical tests for investigative purposes, receive a *treatment* or undergo a surgical operation without receiving prior approval from the *assistance provider* or when these tests and treatments are not considered an *emergency* by the *assistance provider*.

f) Failure to contact the assistance provider

We may reject your claim if you have not submitted the fees to the *assistance provider* in advance for approval.

You must therefore contact the *assistance provider* at 1-844-783-7603 or 514-394-0075 (call collect) to report a *medical condition* before incurring medical or transportation expenses.

You must also contact the *assistance provider* before incurring new expenses if the *medical condition* recurs or presents complications and requires a new care, a new *treatment*, a new exam or requires a care or *treatment* to be prolonged, resumed or modified.

g) Travel against medical advice

We do not pay any benefits if a *physician* advises you not to travel.

h) Failure to follow physician's or assistance provider's recommendations

Your coverage will be terminated immediately if you refuse repatriation, a transfer to another healthcare facility, a diagnostic exam or a *treatment* recommended by your attending *physician* or the *assistance provider*.

We will not refund any expenses incurred thereafter.

2. Trip cancellation and interruption

2.1 Conditions to meet in order to be covered during a *trip*

All of the following conditions must be met:

- > You must meet all the eligibility criteria and medical requirements outlined in section A, article 4 on the *date of departure*; and
- > "Cancellation and interruption" coverage must appear in the section "subscribed coverage" on the *Coverage Summary*; and
- > The *trip* must be covered, as explained in article 3, section A.

If you have annual protection coverage, you must meet all the eligibility criteria and medical requirements outlined in article 4 of section A at the time of purchase and the *date of departure* of each *trip*.

2.2 Covered causes of *trip* cancellation or interruption

The coverage pays expenses if you or your *travel companion* must cancel, postpone, interrupt or extend your *trip* as a result of one or more of the following events occurring after the start of the coverage:

- > illness or injury. A *physician* must attest to the *medical condition* and must also recommend the cancellation or interruption of the *trip*
- > *hospitalization*, quarantine or death
- > *family member*, child caregiver, business associate, key employee of your company or person for whom you are the executor or mandatary in the event of incapacity is ill, injured, hospitalized or deceased
- > you are summoned for jury duty or to act as a witness or defendant in legal proceedings scheduled during your *trip*, unless this is part of your regular duties as a peace officer
- > summons to service, as a member or reservist of the armed forces, peacekeeping services, police or firefighters
- > following a disaster, your principal residence is uninhabitable or, if you are the owner or primary shareholder of a company, your place of business or that of your company cannot be occupied
- > your employer requests your transfer or promotion and you must relocate
- > involuntary loss of your employment if you were a permanent employee with the same employer for over a year
- > death or *hospitalization* of your host at the *trip* destination
- > travel advisory, in effect at the time of the *trip*, issued by the government of Canada recommending against a *trip* to the destination once reservations have already been made
- > your visa application is rejected (unless the application was late or a similar application was previously rejected)
- > theft of your passport
- > your child is born prematurely and before the start of your *trip* (if the *trip* was scheduled to take place during the first 32 weeks of pregnancy)
- > your pregnancy is confirmed after booking the *trip* (if the *trip* is scheduled to take place after the 32nd week of pregnancy and up to 8 weeks after the expected delivery date)
- > you legally adopt a child (if the date of the adoption is only confirmed after the *trip* is booked and the adoption is scheduled to take place during the *trip*)
- > you miss your departing, connecting or return flight as a result of a mechanical failure of the means of transportation, weather conditions, a road accident, police-directed road closure or change of schedule by the *carrier* (bus, plane, train, etc.), provided that the original travel arrangements would have allowed you to arrive at least 2 hours before your departure
- > cancellation by the *carrier* of a cruise planned during the *trip*.

2.3 Covered expenses

Trip cancellation or delay

In the event the *trip* is cancelled or delayed before the *date of departure*, we will reimburse the lesser of the expenses listed in the following table:

- > the actual cost of the *trip*,
- > the cost of the insured *trip*, which appears on the *Coverage Summary*, or
- > \$2,500

Additional transportation expenses	Costs for schedule changes (or the alternative lowest-cost option in economy class) initiated by the <i>carrier</i> to bring you to the <i>trip</i> destination or to resume the original itinerary.
Accommodation expenses	Additional accommodation expenses required by the hotel when you travel while your <i>travel companion</i> cancels his departure due to a covered cause of cancellation or interruption.
Subsistence expenses incurred due to a departing flight delay	<p>Your accommodation and meal expenses (as well as associated transportation expenses), essential telephone calls and transportation back to your residence if:</p> <ul style="list-style-type: none"> > the departing flight is delayed more than 4 hours, or > you are prevented from boarding the departing flight because it has been overbooked by the <i>carrier</i> and another flight cannot be provided within 4 hours of the original departure time. <p>Coverage is only valid if you check in with the <i>carrier</i> at least 3 hours before the expected flight departure time.</p> <p>Maximum of \$250 per day, \$500 total per <i>insured person</i>.</p>
Unused and non-refundable portion of the cost of a prepaid <i>trip</i>	<p>In the event of cancellation, we will refund a portion of the cost of the <i>trip</i> if:</p> <ul style="list-style-type: none"> > a covered cause of cancellation or interruption occurs > the <i>trip</i> is cancelled by the <i>carrier</i> > the <i>trip date of departure</i> is delayed by the <i>carrier</i> for a period of more than 30% of the total length of the <i>trip</i>.

Trip interruption

In the event the *trip* is interrupted, we will reimburse the expenses listed in the following table up to a maximum of \$5,000.

Additional transportation costs in the event of delay during the <i>trip</i> or in the event of a delayed return	Costs for schedule changes (or the alternative lowest-cost option in economy class) initiated by the <i>carrier</i> to bring you to the <i>trip</i> destination, to resume the original itinerary or to bring you to your point of departure if a covered cause occurs.
Subsistence expenses	<p>Your accommodation and meal expenses (as well as associated transportation expenses) and essential telephone calls:</p> <ul style="list-style-type: none"> > you must interrupt your <i>trip</i> > you must postpone your return > the <i>carrier</i> cancels, or > the <i>carrier</i> has a delay over 6 hours, due to a covered cause. <p>Maximum \$250 per day, \$2,500 per <i>insured person</i>.</p>
Unused and non-refundable portion of the cost of a prepaid <i>trip</i>	<p>In the event of interruption, we will refund a portion of the cost of the <i>trip</i> if:</p> <ul style="list-style-type: none"> > a covered cause of cancellation or interruption occurs > the <i>trip</i> is cancelled by the <i>carrier</i> > the <i>trip date of departure</i> is delayed by the <i>carrier</i> for a period of more than 30% of the total length of the <i>trip</i>.

Bankruptcy of Canadian travel provider

If your *trip* or a portion of your *trip* cannot be completed due to bankruptcy, receivership or insolvency of a *travel provider* whose office is in Canada, the *trip* cancellation or interruption coverage will reimburse the unused and non-refundable portion of the cost of the insured *trip* (which appears on the *Coverage Summary*).

The refund is limited to the lesser amount of the following:

- > the actual cost of the *trip*,
- > the cost of the insured *trip*, which appears on the *Coverage Summary*, or
- > \$2,500

When a *travel provider* ceases operations, the total benefits payable by us cannot exceed \$2,000,000 for all of our insureds.

Additionally, if more than one *travel provider* ceases operations during the same calendar year, the total benefits payable cannot exceed \$5,000,000.

Benefits paid to each *insured person* will be adjusted proportionally so that the stipulated amount is not exceeded.



2.4 CAUTION – Coverage exclusions, limitations and reductions

a) Pre-existing conditions

We do not pay any benefits for a pre-existing *medical condition* (other than a *minor ailment*) that has not been stable within 3 months (6 months if you are 55 to 64 years old or 12 months if you are 65 years or older) before the *date of departure*.

A *medical condition* is considered stable when all of the following statements are true:

1. No new *treatment* has been prescribed or recommended, or the current *treatment* has not been modified or interrupted;
2. No changes have been made to a prescribed medication (increase or decrease in dosage, or stopping the medication), or no other medication has been prescribed or recommended;
3. The *medical condition* has not worsened;
4. No new symptoms have appeared, or there is no worsening or increase in the frequency of existing symptoms;
5. There has been no *hospitalization* or recommendation to consult a specialist;

6. There is no exam, medical test for investigative purposes or *treatment* that has been recommended, is incomplete or is awaiting results;
7. There are no scheduled or pending *treatments*.

All of the above conditions must be met for a *medical condition* to be considered stable.

b) Circumstances under which no benefit is payable

We do not pay any benefits if the *medical condition* is directly or indirectly related to one of the following causes:

1. Any symptom or condition:
 - > you have ignored, even though it would have been reasonable to consult a *physician*
 - > for which you did not get a diagnostic exam ordered by your *physician*
 - > for which you have not taken the medication or followed the *treatment* recommended before or during the *trip*
 - > for which it was reasonable to expect, on the *date of departure*, to require medical care during the *trip*.

2. Pregnancy, childbirth or resulting complications, occurring after the first 32 weeks of pregnancy.
 3. Participation in an athletic or high-risk activity:
 - > any athletic activity for which you are compensated
 - > any sporting event for which the winners receive cash prizes.
 4. Any extreme sport or high-risk activity including, but not limited to:
 - > hang-gliding and paragliding
 - > parachuting and skydiving
 - > bungee jumping
 - > rock climbing or mountain climbing (grade 4 or 5 on the YDS)
 - > freestyle skiing
 - > kitesurfing
 - > scuba diving activity outside the limits of your certification or below 30 metres
 - > any combat sport
 - > any speeding competition or event, including training
 - > any risky activity for which you have to sign a liability waiver. This clause does not apply to sports or activities that are normally offered to the general public without training or specialized qualifications.
 5. Abuse (i.e., consuming more than the recommended amount) of prescription or over-the-counter medication or alcohol abuse (blood alcohol level greater than 80 milligrams per 100 millilitres of blood).
 6. Use of drugs or non-prescription medication or any form of addiction or alcoholism, including the effects of withdrawal.
 7. Participation in a criminal act or an attempted criminal act (in the country where the expenses were incurred).
 8. The primary or secondary purpose of the *trip* is for a medical consultation or to receive *treatments* or assisted reproduction *treatments*, even if recommended by a *physician*.
 9. Travelling to a place for which the government of Canada has issued, before your *date of departure*, a travel advisory to avoid any non-essential *trip* there. If the government of Canada issues an advisory during your stay at the location affected by this notice, you must make the necessary arrangements to comply with this recommendation as soon as possible. For travel warnings, visit the Government of Canada's travel website.
 10. Suicide, attempted suicide or self-inflicted injury, regardless of your mental state at the time.
 11. One of the following circumstances:
 - > war, declared or undeclared
 - > voluntary participation in a riot or insurrection
 - > a rebellion
 - > a revolution
 - > a hijacking
 - > a kidnapping
 - > exposure to nuclear reaction or radiation
 - > radioactive, biological or chemical contamination
 - > any participation in the armed forces.
 12. Any mental, psychological, psychiatric or nervous problems, unless you have been hospitalized for this condition.
 13. Inability to obtain desired accommodation on your part.
 14. Financial difficulties on your part.
 15. Aversion to travel or air transportation on your part.
- c) Circumstances under which no benefit is payable**
1. The primary or secondary purpose of the *trip* is to visit someone who is sick or injured and the *trip* cancellation, interruption or extension is due to a change in the health condition of this person.
 2. You have not respected the deadlines for:
 - > notifying us
 - > notifying your travel agency or *travel provider*, or
 - > submitting the claim form or required proof to us.
 3. The insurance was taken out or the *trip* purchased when it was reasonably possible for you to foresee an event preventing the *trip* from being completed as planned.

d) Travel against medical advice

We do not pay any benefits if a *physician* advises you not to travel.

e) Acts of terrorism limitation

We reduce the benefits payable by 50% if the event that leads to an accepted claim was the direct or indirect result of an *act of terrorism*.

The total benefits payable related to an *act of terrorism* or a series of *acts of terrorism* occurring within a period of 72 hours cannot exceed \$5,000,000 for all of our insureds.

Additionally, the total benefits payable as a direct or indirect result of *acts of terrorism* cannot exceed \$10,000,000 during a given calendar year.

Benefits paid to each *insured person* will be adjusted proportionally so that the stipulated amount is not exceeded.

3. Baggage coverage

3.1 Conditions to meet in order for your baggage to be covered during a *trip*

In order for your baggage to be covered during a *trip*, you must meet all the following conditions:

- > You must meet all the eligibility criteria and medical requirements outlined in section A, article 4 on the *date of departure*.
- > "Baggage" coverage must appear in the section "subscribed coverage" on the *Coverage Summary*.
- > The *trip* must be covered, as explained in article 3, section A.

If you have opted for an annual coverage plan, you must meet the eligibility criteria on the *date of departure* of each *trip*.

3.2 Circumstances under which your baggage is covered

Damage, loss or theft

Your baggage is covered for damage, loss or theft at all times during the trip up to a maximum of \$1,500 per *insured person*, per *trip*.

The benefit payable for this coverage is limited to the cost of the damaged, lost or stolen item, up to a maximum of \$250 per item. If the item is part of a collection or set, the benefit is limited to a proportion of the total value.

Replacement of official travel documents

Expenses related to replacing official travel documents that are lost or stolen are covered up to a total maximum of \$150 per *insured person*.

Official travel documents include: passport, driver's licence, birth certificate, visa, emergency travel document, etc.

Delayed checked baggage

If your baggage checked with a *carrier* is delayed 6 hours or more, we reimburse any essential purchases (clothing and toiletries) or sporting equipment up to a maximum of \$500 per *insured person*.

The items and equipment must have been purchased or rented before your baggage arrives.

If your baggage is then found to be damaged or reported lost or stolen, the benefit payable for damage, loss or theft will be reduced to the amount paid for the delay.



3.3 CAUTION – Coverage exclusions, limitations and reductions

a) Limitation according to item category

1. Any items made of gold, silver or platinum, as well as watches are collectively considered as one item. The maximum amount payable per item and per *insured person* therefore applies to the group of items.
2. Likewise, all electronic items (including, among others, electronic tablets, mobile phones, laptop computers and game consoles) are considered as one item.
3. All photography equipment (cameras or accessories) is also considered as one item.

The maximum benefit payable for all items in these 3 categories is \$500.

Example 1

Mario's electronic tablet and his phone are stolen.

Because these two items are part of the same category, we will pay Mario \$250 for all the items stolen.

Example 2

Julie's baggage is lost during her return *trip*.

In addition to her clothing, Julie's suitcase also contained gold jewelry, a game console purchased for her nephew and a video camera.

These articles belong to three different categories, each of which is limited to \$250 ($\$250 \times 3 = \750).

We will pay Julie a benefit of \$500 because the maximum benefit payable for all items from these categories is limited to this amount.

b) Items not covered

1. Automotive vehicles, motorboats or other vehicles, as well as their parts and accessories, and bicycles (unless checked as baggage with the *carrier*)
2. Furniture and accessories

3. Glasses, contact lenses, dental prosthetics or devices, orthotics and artificial limbs
4. Traveller's cheques, gift cards, currency, tickets, precious stones, ingots and documents of title or other negotiable instruments
5. Professional or commercial property or equipment
6. Antiques or collectibles
7. Perfumes or cosmetics
8. Animals, living plants or perishable products and consumables
9. Any item not customarily stored in baggage.

Damage to fragile items is not covered except in the case of fire or vandalism.

c) Circumstances under which no benefit is payable

1. Fraud, confiscation by authorities, contraband or illegal activities
2. Damage caused by normal wear and tear
3. Damage caused by insects or animals
4. *Mysterious disappearance*, except in cases where baggage was checked with a *carrier*
5. Earthquake, nuclear contamination or flood
6. Any event resulting from negligence on your part or on the part of your *travel companions* (e.g., theft of baggage left in an unlocked vehicle or residence) or if you have not taken reasonable measures to reclaim your baggage after noticing it was lost.
7. One of the following circumstances:
 - > war, declared or not
 - > voluntary participation in a riot or insurrection
 - > any participation in the armed forces.

4. Accidental death and dismemberment

4.1 Conditions to meet in order to be covered during a *trip*

In order to be covered during a *trip*, you must meet all of the following conditions:

- > You must meet all the eligibility criteria and medical requirements outlined in section A, article 4 on the *date of departure*.
- > "Death and dismemberment" coverage must appear in the section "subscribed coverage" on the *Coverage Summary*.
- > The *trip* must be covered, as explained in article 3, section A.

If you have opted for an annual coverage plan, you must meet all the eligibility criteria and medical requirements described in article 4, section A on the *date of departure* of each *trip*.

4.2 Covered situations and benefits payable according to circumstances

We pay a benefit in the event of your death or if you suffer a dismemberment due to an *accident* during the *trip*.

Benefits payable vary according to the situation in which the *accident* occurs, as indicated in the following table:

TYPE OF LOSS	TYPE OF ACCIDENT		
	Air transportation	Other carrier	Any other accident
Death	\$100,000	\$100,000	\$50,000
Loss of limb, or loss of use of 2 or more limbs	\$100,000	\$100,000	\$50,000
Loss of limb, or loss of use of limb	\$50,000	\$50,000	\$25,000

In order to be covered, the death, *loss of limb* or *loss of use* of a limb must:

- > be caused by an *accident*, and
- > occur in the 365 days following the *accident*.

Disappearance of an *insured person*

An *insured person* who disappears in an accident that occurs during a *trip* and is presumed dead if his body is not found in the year following the date of the *accident*. The death may be fixed at another date if different evidence is submitted or if a declarative judgment is rendered by the Court.



4.3 CAUTION – Coverage exclusions, limitations and reductions

a) Circumstances under which no benefit is payable

We do not pay any benefit if the *accident* resulting in death or dismemberment is directly or indirectly related to:

1. A suicide, attempted suicide or self-inflicted injury, regardless of your mental state.
2. One of the following circumstances:
 - > war, declared or undeclared
 - > voluntary participation in a riot or insurrection
 - > a revolt
 - > a revolution
 - > a hijacking
 - > a kidnapping
 - > an *act of terrorism*
 - > exposure to nuclear reaction or radiation
 - > radioactive, biological or chemical contamination
 - > any participation in the armed forces.
3. An injury you suffer while travelling on board a *carrier* other than as a *passenger*.
4. Participation in an athletic or high-risk activity:
 - > any athletic activity for which you are compensated
 - > any sporting event for which the winners receive cash prizes.
5. Any extreme sport or high-risk activity including, but not limited to:
 - > hang-gliding and paragliding
 - > parachuting and sky diving
 - > bungee jumping
 - > rock climbing or mountain climbing (grade 4 or 5 on YDS)
 - > freestyle skiing
 - > kitesurfing
 - > scuba diving activity outside the limits of your certification or below 30 metres
 - > any combat sport
 - > any speeding competition or event, including training
 - > any risky activity requiring the use of a motorized vehicle on land, in the water or in the air, including training taking place on approved circuits or elsewhere

- > any sport or activity for which you have to sign a liability waiver. This clause does not apply to sports or activities that are normally offered to the general public without training or specialized qualifications.

6. Abuse (i.e., exceeding the recommended dosage) of prescription or over-the-counter medication or alcohol abuse (blood alcohol level greater than 80 milligrams per 100 millilitres of blood).
7. Use of drugs or non-prescription medication or any form of addiction or alcoholism, including the effects of withdrawal.
8. Participation in a criminal act or an attempted criminal act (in the country where the expenses were incurred).
9. Travelling to a place for which the government of Canada has issued, before your *date of departure*, a travel advisory to avoid any non-essential *trip* there. If the government of Canada issues an advisory during your stay at the location affected by this notice, you must make the necessary arrangements to comply with this recommendation as soon as possible. For travel warnings, visit the Government of Canada's travel website.

b) Coverage limitation due to age

For *insured persons* aged 65 and older, benefits are limited to 50% of the amounts provided in the event of accidental death and 25% of the amounts provided for the *loss or loss of use* of one or more limbs.

c) Maximum benefits payable and global responsibility

The maximum benefit for a single *accident* is limited to:

Air transportation	Other carrier	Any other accident
\$100,000	\$100,000	\$50,000

We can make the payment in one or more installments.

The total benefits payable for the same accident cannot exceed \$10,000,000 for all of our insureds. The benefit paid to each *insured person* may be reduced so the maximum amounts are not exceeded.

SECTION C

Additional information regarding the insurance

1. Currency

Amounts payable under the terms of this present policy, whether to the *insurer* or by the *insurer*, will be in Canadian dollars.

2. Interest

Benefits paid under the terms of this present policy do not earn interest.

3. Fraud or attempted fraud

You must be honest with the *insurer* at all times. If you knowingly make a false or fraudulent claim in any way, you will not be eligible for benefits and no further benefits will be paid for the coverage for which a claim is made. Fraud or attempted fraud includes deliberate misrepresentation of facts or circumstances surrounding a claim.

4. Subrogation

The *insurer* reserves the right of action against any third party responsible for damages that lead to a claim. The *insurer* will be responsible for legal fees and will receive any compensation payable by the third party, up to the maximum amount of the coverage. You must submit any documents required by the *insurer* to take action for damages. You retain the right to take action against the third party for compensation in addition to benefits paid by the *insurer*.

5. Changes to the policy

Any changes to the present policy are only valid and applicable if confirmed in writing by the *insurer*.

6. Quality and availability of care

The *assistance provider* and the *insurer* are not responsible for the quality of care received or if care is difficult or impossible to obtain.

7. Complaints and appeals regarding a claim

Any *insured person* can file a complaint against the *insurer* or appeal a decision by the *insurer* concerning a claim by contacting the *insurer*:

National Bank Life Insurance Company
1100 Robert-Bourassa Blvd., 5th floor
Montreal, Quebec H3B 2G7
Tel.: 1-877-871-7500

You can consult the *insurer's* Complaint Examination Policy on the website **nbc-insurance.ca**.

The maximum time limits to appeal from a decision are indicated in article 8, section C.

If we have not responded to your complaint or if you are not satisfied and would like to take your case further, you can, at your discretion and concurrently:

- > ask your *insurer* to review your file; or
- > contact your legal counsel; or
- > contact one of the following organizations:

Residents of Quebec

Contact the Autorité des marchés financiers (AMF). The contact information for the AMF is found in the Autorité des marchés financiers contact information section below.

Residents of other provinces:

Contact:

The OmbudService for Life & Health Insurance (OLHI)
401 Bay Street, Suite 1507, P.O. Box 7
Toronto, Ontario M5H 2Y4

Toll-free within Canada: 1-888-295-8112
In Toronto: 416-777-9002

Website: olhi.ca

8. Limitation of action – Specific rules depending on your province of residence

For residents of New Brunswick

An action or proceeding against the *insurer* for the recovery of a claim under this contract shall not be commenced more than one year after the date the insurance money became payable or would have become payable if it had been a valid claim.

For residents of Ontario

Every action or proceeding against an *insurer* for the recovery of insurance money payable under the contract is absolutely barred unless commenced within the time set out in *The Limitations Act, 2002*.

For residents of Quebec

Every action or proceeding against an *insurer* for the recovery of insurance money payable under the contract is absolutely barred unless commenced within 3 years.

For residents of other provinces

For the applicable time limitation period, please refer to the regulatory agency of your province or consult with your legal counsel.

9. Access to personal information

We will establish an insurance file to preserve any information about claims. This file will be kept in our offices. You are entitled to have access to the personal information contained in your file and, if applicable, have it corrected.

For more information, consult our privacy policy, available online at nbc-insurance.ca.

10. Similar insurance products

Other insurance products offer the same coverage as the *travel insurance* described in this policy. There are also products that offer coverage to supplement the *travel insurance*.

11. Insurer's deadline for replying after receiving a claim

Usually, we will communicate to the *policyholder* or the *insured person* our decision on whether benefits are payable or not within 60 days after receiving all requested documents. Once we decide to approve a claim, it must be paid within the same 60 days following the receipt of all requested documents.

12. Autorité des marchés financiers contact information

For more information about the *insurer's* and distributor's obligations within the province of Quebec, contact the Autorité des marchés financiers:

Autorité des marchés financiers

Place de la Cité, Cominar Tower
2640 Laurier Blvd., 4th floor
Quebec City, Quebec G1V 5C1

Quebec City: 418-525-0337

Montreal: 514-395-0337

Elsewhere in Quebec: 1-877-525-0337

Fax: 1-877-285-4378

lautorite.qc.ca

13. Beneficiary Designation

This policy contains a provision removing or restricting the right of the person insured to designate persons to whom or for whose benefit insurance money is to be payable.

14. Statutory Conditions

Despite any other provision of this contract, this contract is subject to the statutory conditions in the Insurance Act respecting contracts of accident and sickness insurance.

SECTION D

Definitions

Words in italics in the policy have the following meaning:

Accident: a sudden, unintentional and unforeseen event that directly and independently of all other causes results in damages, loss or injury.

Act of terrorism: a series of acts of violence (attacks, hostage-taking) committed by an organization or individual to create a climate of insecurity, blackmail a government or fuel hatred of a community, country or system.

Assistance provider: CanAssistance Inc., the company mandated by the insurer to receive claims and requests for assistance services.

Carrier: any land, air or water conveyance operated by an entity legally authorized to transport *passengers* for pay, which accepts all members of the public who wish to travel as long as there is space on board and to which access cannot legally be refused.

Date of departure: for Baggage coverage, the date on which you leave your residence. For the other coverages, the date on which you leave your province of residence.

Date of return: for Baggage coverage, the date on which you return to your residence. For the other coverages, the date on which you return to your province of residence.

Date of termination: date of termination of the contract indicated on the *Coverage Summary*.

Emergency: a sudden and unexpected *medical condition* requiring immediate *treatment*. An emergency ends when it is established by the *assistance provider* that no *treatment* is required at your destination or you are able to return to your province or territory of residence to receive such *treatments*.

Family member: *spouse*, child, father, mother, grandparents, brother or sister of the *policyholder* or of the *spouse*.

Hospital: a registered facility whose staff provide care and *treatments* to inpatients and outpatients. The *treatments* must be supervised by *physicians*, and licensed nurses must be present 24 hours a day. Surgical and diagnostic services must be available on-site or in facilities managed by the establishment.

The following facilities are not considered hospitals:

- > facilities licensed or used primarily as a clinic;
- > extended or palliative-care facilities, chronic-care hospitals or the chronic-care wing of a hospital;
- > convalescent homes or rest homes;
- > health resorts or nursing homes;
- > drug or alcohol treatment centres.

Hospitalization: admission to a *hospital* as an inpatient to receive preventative, diagnostic or medical *treatment*. Day surgery is also considered a hospitalization. A *hospital* stay for convalescent or rehabilitation care is not considered a hospitalization.

Insured person: eligible person whose contact information appears on the *Coverage Summary* and for whom the premium has been paid.

Insurer: National Bank Life Insurance Company.

Loss of limb: the following events constitute the loss of one limb:

- > complete severance at or above the wrist or *loss of use* of a hand or arm;
- > complete severance at or above the ankle or *loss of use* of a foot or leg;
- > complete and irrecoverable loss of sight in one eye;
- > complete and irrecoverable loss of hearing in both ears;
- > complete and irrecoverable loss of ability to utter intelligible sounds.

Loss of use (of a limb): complete and irrecoverable loss of the use of a limb that continues over a period of 12 months and is considered permanent.

Medical condition: any health disorder, illness or injury (including symptoms of undiagnosed conditions). To be considered a medical condition, the illness must be certified by a *physician*. Pregnancy is not considered an illness unless there are complications within the first 32 weeks.

Minor ailment: an injury or *medical condition* that was no longer present at least 30 days before the *trip* departure and which did not require:

- a) prescription medication to be taken for a period of more than 15 days;
- b) treatment at a hospital as in inpatient or outpatient;
- c) surgical intervention;
- d) consultation with a specialist physician.

Any chronic *medical condition* or complication of a chronic *medical condition* is not a minor ailment.

Mysterious disappearance: loss of an object without reasonable evidence of theft.

Passenger: person who is not acting as a pilot, operator or crew member aboard a *carrier* or who is boarding or disembarking from a *carrier*.

Physician: doctor of medicine legally authorized to prescribe and provide medical care in the country where the care is given and who is not an *insured person*, a *travel companion* or a person related to them.

Policyholder: person whose name appears first on the *Coverage Summary*.

Spouse: the person married to, in a civil union with or living in a conjugal relationship with the *insured person* for at least 12 months. This person is no longer considered a spouse if the union has been legally dissolved or this person has been living separately from the *insured person* for more than 3 months.

Coverage Summary: document entitled Coverage Summary given to you. This document summarizes the coverage you have subscribed to and benefit from by paying the premium.

Travel companion: individual who accompanies the *insured person* for the entire duration of the trip.

Travel insurance: the travel insurance product offered by the insurer that appears on your Coverage Summary.

Travel provider: tour operator, travel agency, carrier, airline, hotel or chain of hotels. If multiple travel providers are owned by a single provider or other entity, the group is treated as a single travel provider.

Treatment, treat: medical act prescribed, supported or recommended by a *physician* related to a *medical condition*. This includes, but is not limited to, the following examples: prescription of medication, medical tests for investigative purposes, surgical intervention.

Trip: travel outside of your province of residence for recreational or business purposes. In the case of an annual coverage plan, trip means each of the trips taken outside your province of residence for recreational or business purposes, carried out during the period indicated on the *Coverage Summary*.

Assistance

Assistance services are available free of charge while your *travel insurance* is in effect. Assistance services do not offer insurance benefits.

For 24-hour assistance, 7 days a week, contact the *assistance provider*:

CanAssistance

- > Canada and the United States
1-844-783-7603
- > Elsewhere in the world, collect
514-394-0075



CAUTION

- > **Assistance services are not available in countries considered a high risk by the *assistance provider*. Contact the *assistance provider* for a list of high-risk countries.**
- > **The *assistance provider* is not responsible if assistance is difficult or impossible to obtain or for the quality of assistance received.**
- > **The *assistance provider* may request any information required to properly identify you and confirm that you are eligible for assistance services.**

1. General and medical assistance

Assistance services:

- > Before the *trip*, the *assistance provider* will supply you with, upon request, information regarding required visas and vaccines.
- > During the *trip*, if you suffer an *accident* or sudden illness that requires medical attention from a *physician* or *hospitalization*, the *assistance provider* can provide you with the following assistance services:
 - refer you to a clinic or *hospital*
 - ensure follow-up of your medical file and contact your attending *physician*
 - arrange the return of dependent children if you are hospitalized
 - deliver urgent messages to you
 - offer interpretation services for emergency telephone calls
 - handle formalities following a death
 - assistance for lost or stolen identity documents (limited to contacting appropriate authorities)
 - provide information on embassies and consulates.
- > If you incur medical expenses during your *trip*, the *assistance provider* can provide assistance regarding the procedures to follow to submit a claim to the public health insurance plan in your province of residence.
- > If your travel tickets or other vital travel documents are lost or stolen during your *trip*, the *assistance provider* can help you replace them.
- > The *assistance provider* can also help you find or replace your baggage and personal effects if they are lost or stolen during your *trip*.

2. Legal assistance

Assistance services offered if required during a *trip*:

- > The *assistance provider* can refer you to a lawyer or legal advisor who can provide local legal counsel or representation.
- > If you are arrested, the *assistance provider* can help you take the necessary steps for the payment of legal fees or the bail process.

Should you have any questions,
do not hesitate to contact us.

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1-877-871-7500

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